

Pediatric Rehab Staff

HRRMC's Pediatric Rehabilitation Program is staffed by occupational, physical and speech therapists who are specially trained in pediatric care.

Occupational Therapists

Janessa Almquist, OTR/L, graduated from Colorado State University with a master's degree in occupational therapy. She specializes in pediatrics and neurological based rehabilitation, wheelchair clinic, and acute care.

Cherina Heinitz, OTR/L, graduated from Colorado State University with a bachelor's degree in occupational therapy. She has pediatric experience in hippotherapy, home health, school settings, and as a certified Autism Diagnostic Observation Schedule (ADOS-2) team evaluator.*

Ann Samson, OTR/L, graduated with her Bachelor's degree from Fort Lewis College and her Master's degree from Colorado State University. She has worked as a pediatric Occupational Therapist in a variety of settings.

Physical Therapists

Megan Brito, PT, DPT, OCS, FAAOMPT, graduated from Regis University with a doctorate in physical therapy. She has worked with pediatric patients in various settings, including outpatient, home health, NICU, post concussion/return to sport and aquatic rehab.

Allison Hammond, PT, DPT, WCS, graduated from the University of Colorado Anschutz with a doctorate in physical therapy. Allie works with children of all ages on developmental, neurological and orthopedic interventions. Allie is a certified Autism Diagnostic Observation Schedule (ADOS-2) team evaluator.*

Jennah Jones, PT, DPT, COMT, graduated from Regis University. Her specialties include orthopedics, women's pelvic health and sports rehab. She is a Certified Orthopedic Manual Therapist, certified Dry Needling practitioner and Pregnancy and Postpartum Athleticism Coach.

Beth Sather, PT, DPT, graduated from the University of Colorado with a doctorate in physical therapy. She has worked with pediatric patients in various settings, including outpatient, home health, school settings and therapy camps.

Angie Scherffius, PTA, is certified as a NASM Certified Personal Trainer. Her areas of focus include: Adult orthopedics, sports medicine/return to sport and manual therapy.

Amy Weisenhorn, PTA, graduated with a BFA in Dance production and pedagogy from the University of Utah. She has an extensive background working with children of all ages with diverse ability levels.

Speech Therapists

Cara High, MS, CCC-SLP, graduated from Northern Arizona University with a master's in speech-language pathology. She works with children to improve articulation, expressive language, comprehension, social interactions, cognition and reading.

Anna Correa, CCC-SLP, graduated from Abilene Christian University and received a Bachelors and Master's degree in Communication Sciences and Disorders. She completed her Clinical Fellowship Year in Denver at Solace Healthcare, a pediatric home health company, where she then worked for seven years.

*ADOS-2 Team Evaluators Allison Hammond and Cherina Heinitz work as a team to provide Autism Diagnostic Observation Schedule (ADOS-2) assessments. ADOS-2 is a standardized play assessment that assesses social interaction, communication and imaginative play skills. ADOS-2 helps diagnose autism across a wide range of chronological and mental ages.

Pediatric Rehabilitation Program HRRMC Rehabilitation Services

Referrals: Depending on the type of insurance coverage you have, a physician's referral may be needed for your child to receive habilitative or rehabilitative therapy services. For more information, please contact our office at (719) 530-2040.



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Megan Brito
PT, DPT



Anna Correa
CCC-SLP



Allison Hammond
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Cherina Heinitz
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Helping children with
developmental delays
and special needs reach
their full potential

hrrmc.com

What is Pediatric Rehab?

As children grow, they reach milestones in their development. At six months old, most babies can roll over. A year later, they are walking without help. By the time they reach age 3, most children can kick a ball or ride a tricycle.

Sometimes the normal developmental process is interrupted. Congenital factors, traumatic injuries, and severe illness or medical conditions can affect a child's development. HRRMC's Pediatric Rehabilitation Program provides evaluation and treatment of children with developmental delays and other special needs. Our pediatric therapists collaborate with parents, physicians, teachers and other caregivers to develop an individualized plan of care to improve the quality of a child's life.

HRRMC's Pediatric Rehabilitation Program team is comprised of physical, occupational and speech therapists with special training in pediatric care. Depending on your child's special needs, one or all three therapies may be beneficial in promoting optimal independence and the ability to reach his or her full potential.



Physical Therapy

Through play, hands-on treatment techniques and special equipment, our pediatric physical therapists help children develop motor skills and improve their ability to move independently.

How do I know if my child needs physical therapy?

Your child may need physical therapy if he or she has trouble:

- Learning how to roll, crawl or walk
- Sitting or standing without support
- Walking and running without tripping or falling
- Learning to play sports
- Catching or throwing

HRRMC's pediatric physical therapists can help with:

- Gross motor development
- Muscle tone and strength
- Neuromuscular function
- Locomotion patterns / Gait training
- Postural control
- Splinting and orthotic needs

Occupational Therapy

A child's "occupation" is playing and learning to explore and interact with his or her environment. HRRMC's pediatric occupational therapists help children learn the skills they need to participate optimally in their daily activities.

How do I know if my child needs occupational therapy?

Your child may need occupational therapy if he or she has difficulty:

- Manipulating toys or using tools, such as a crayon, spoon or toothbrush
- Completing visual motor tasks, such as puzzles or computer games
- Tolerating a variety of sensory inputs
- Performing daily self-help activities
- Sucking, drinking or eating a variety of foods

Our pediatric occupational therapists can help with:

- Fine motor skills
- Developmental play skills
- Visual motor / Visual perceptual skills
- Sensory integration skills
- Daily living / Self-help skills
- Oral motor / Feeding skills
- Wheelchair and seating needs



Speech Therapy

Children need to be able to communicate their needs and interact with others effectively. Our pediatric speech therapists help children develop skills to both listen and communicate successfully.

How do I know if my child needs speech therapy?

Your child may need speech therapy if he or she has trouble:

- Learning how to speak
- Pronouncing words so that others can understand
- Staying on topic
- Answering and asking questions
- Following directions
- Socializing
- Listening when there are background auditory distractions
- Chewing and swallowing

Our pediatric speech therapist can help with:

- Expressive and receptive language
- Articulation / Speech production
- Oral motor skills
- Disorders of fluency
- Verbal reasoning / Problem solving
- Reading
- Pragmatics