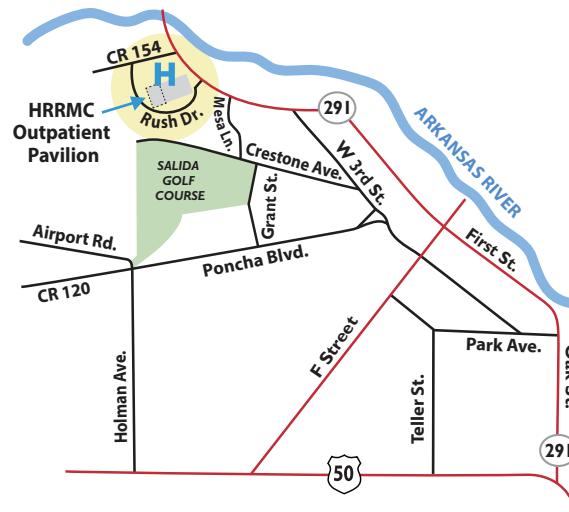


With our board-certified physicians and team of experienced nurses, we take care of your child from the very first beat of their heart.

We provide a safe laboring environment and comprehensive after delivery care to make sure that mom and baby are well taken care of. Our welcoming and private delivery suites are designed to let you have the birthing options you desire, all while surrounded by a professional, supportive and caring staff.

Family Birthing Center Location



Heart of Rockies Regional Medical Center
1000 Rush Drive, Salida, CO 81201



We value, respect and treat all people.



HEART OF THE ROCKIES
REGIONAL MEDICAL CENTER



HEART OF THE ROCKIES
REGIONAL MEDICAL CENTER

Welcome to our
**Family Birthing
Center**



DELIVERING MIRACLES EVERY DAY

1000 Rush Drive • Salida, CO 81201
(719) 530-2277
www.hrrmc.com

Labor & Delivery Care

Welcoming a new bundle of joy into the world might be overwhelming. Our team is prepared to help you with any challenge. Our small, family-centered unit offers more individualized care with everything you may need during your delivery and postpartum care.



Focus on what you do best

Our highly trained staff of compassionate nurses allow you to have the best experience possible when you deliver your baby. Listening to your needs and providing comfort and encouragement allows you to focus on what you do best –bring a new miracle into this world.

“ To help our patients and ease their fears and anxieties, we always assure them that our priority is to have a healthy mom and healthy baby. We constantly reinforce they are strong and capable. Empowerment goes a long way! ”

— Laurie Gee, RN, MSN • HRRMC FBC Manager



Our physician teams

Family medicine physicians provide continuity of care from your first prenatal visit, delivery, postpartum, newborn care (as well as can care for your entire family). This model is often different from larger medical facilities. We look forward to being there with you every step of the way.

HRRMC Salida Health Center

550 Hwy. 50, Salida, CO 81201
(719) 530-2022

HRRMC Buena Vista Health Center

28374 Cty. Rd. 317, Buena Vista, CO 81211
(719) 395-9048

HRRMC Saguache Health Center

405 Denver Ave., Saguache, CO 81149
(719) 655-2531

HRRMC Custer County Health Center

704 Edwards Ave., Westcliffe, CO 81252
(719) 783-2380

What we offer

- Free childbirth and breastfeeding classes before and after delivery
- Private labor and delivery suites with jacuzzi tubs
- Anesthesia is available 24/7
- Pain management options: breathing exercises, birth balls, Jacuzzi tubs, nitrous oxide, medications, epidurals
- Lactation services during your stay and at any point postpartum. Over one-third of our team are certified lactation counselors.
- Highly trained OR team if any emergencies arise
- Integration with public health programs and pelvic floor physical therapy.
- We provide neonatal care if issues transpire, and will transfer care if anything doesn't go according to plan

